



## Deen aur Hum

Short Term Religious Course-X

Ramadhan-ul-Mubarak, 1447/2026, Lucknow (INDIA)

Date: 13/03/2026

Lecture Number: 23

### SUMMARY (Level 1)

Topic: Irada

Aayaat:

*Note: The purpose of uploading these summaries is simply to help students. Given the possibility of error, please note that for the exam, the lecture given in class will be the primary reference, not the summary.*

### Irada kya hai aur usko mazboot banana kyo zaroori hai

- Insaano me bunyaadi jauhar hai
- Insaano ko janwaro se alag karta hai
- Janwar bhi irada karta hai lekin us ka irada uski jibbilat (instincts) ki wajah se hai jaise shahwat
- Lekin insaan irada aql ki bunyaad pe karta hai apni jibbilat aur khwahishaat ke khilaaf
- Tamam kamalaat irada pe tike hain chahe duniyawi ho ya deeni

### Irada mazboot banane ka tareeqa

- Irada ke practise
- Amal me mudawemat (continuity)
- Positivity
- Mahaul ko banana
- Exercise
- Tafseel (detailed) irada karna / Ijmali (general / sar sari) irada se bachna
- Dua aur tawassul

### Irade me rukawatein

- Nafsani khwahishaat
- Lahw o la'ab (be ja tafreeh)
- Taal matol karna
- Rahat talabi aur aaram ki aadat
- Ghaflet aur bhool jana