



Deen aur Hum

Short Term Religious Course-X

Ramadhan-ul-Mubarak, 1447/2026, Lucknow (INDIA)

Date: 16/03/2026

Lecture Number: 26

SUMMARY (Level 1)

Topic: Akhlaaqi Achchaiyaan

Aayaat:

Note: The purpose of uploading these summaries is simply to help students. Given the possibility of error, please note that for the exam, the lecture given in class will be the primary reference, not the summary.

Waqar

- Waqar yani insaan ka guftar aur raftar me matanat ho (tahrao) aur sanjidgi ho
- Waqar aql ki nishani hai

Sabr

- Sabr ka matlab ye hai ke mushkilaat me sabit qadam rahna yani tahammul karna
- Sabr ek badan pe sar ki tarah hai jo badan imaan hai, agr sar nahi hoga to badan ka koyi faida nahi waise hee imaan me agr sabr nahi hoga to imaan ka koyi faida nahi.

Shukr

- Shukr yani nemat ka eteraaf (qabool karna) aur sahi taur pe istemaal karna
- Allah ka shukr yani uski nematon ka sahi istemaal karna

Qena'at

- Qena'at yani Allah ki di hoyi roози pe razi hona, qaane hona
- Ye sefat insaan ko sokoon deti hai aur lalach se bacha ti hai
- Qena'at se zyada koyi ghani khazana nahi

Aadalat

- Aadalat yani har cheez ko sahi maqam pe rakhna
- Dusro ke hoqooq ka khayal rakhna

Saaf dili

- Saaf dili yani insaan apne dil ko keena, bad gumaani, hasad se paak kare
- Saaf dili se insaan ka dill noorani hota hai aur Allah se qareeb hota hai

Koshish aur mahnat

- Imam Ali (as): Mahnat karna chahiye kyoki kamyabi hamesha susti aur kahili ke mukhalif raste me hoti hai

Khush Akhlaaqi

- Yani logo ke saath narmi aur khush raftari ke saath pesh aana
- Chahre pe muskurahat rakhna



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Achhi sefaar kaise hasil ki jaiye

- Mushareta (shart karna)
- Muraqeba (khayal rakhna)
- Muhaseba (hisaab o kitaab karna)
- Muakheza (saza dena)
- Practise karna
- Mutalea (ilm hasil karna) aur ghaur o fikr
- Nek logo ki sohbat me rahna
- Khuda se madad mangna aur uspe bharosa karna