



Deen aur Hum

Short Term Religious Course-IX

Ramadhan-ul-Mubarak, 1446/2025, Lucknow (INDIA)



Lecture Number: 01

Date: 28/02/2025

SUMMARY (Level 1)

Topic: Isteqbale Mahe Ramadhan

Aayaat: Surae Baqra 183-186

Mahe Ramadhan ka ta'arruf aur uski Fazeelat:

Rasool e Khuda (saw) ka khutbae Shabaniya jo Shaban ke Akhri Jume ko Hazrat ne Irshad farmaya tha aur Sahifa e Kamila Sajjadiya (as) me Dua-e-Isteqbaal-e-Mahe Ramadhan aur ko padh kar, Ramzan ki Fazeelat Rasool Akram (saw) aur Imam Sajjad a.s. ke zubani hum ko maloom hongi.

khutbae Shabaniya se kuch Ahm nekat:

1. Maah-e Ramadan, Allah ke nazdeek sab se afzal aur barkat, rahmat aur maghfirat ka mahina hai.
2. Maah-e Ramadhan ke din, raat aur ghantay dosray sare mahinon ke din, raat aur ghanton se afzal hain.
3. Ramadhan Khuda ki mehmaniyat ka mahina hai jis mein momineen ko Allah ki mehmaniyat ki daawat aur Ahl-e Karamat-e Ilahiyya mein se qaarar diya gaya hai.
4. Maah-e Ramadhan mein saans tasbeeh, neend ibadat, amal maqbool aur duayein mustajab hain.
5. Is mahine mein waqt-e namaz, Allah apne bandon ko ek khaas rahmat ki nazar se dekhta hai, jab woh Allah se munajat karte hain to woh unhe jawab deta hai, jab use pukarte hain to labbaik kehta hai aur jab dua karein to un ki duaon ko mustajab karta hai.
6. Is mahine mein Allah ne apni izzat ki qasam khayi hai ke woh namazguzaron aur sajda karne walon par azaab nahi karega aur jab sare log Allah ki bargah mein hazir hon ge to woh unhe jahannum ki aag mein nahi jalayega.
7. Agar koi is mahine mein kisi momin rozedar ko iftar karaye to Allah ke nazdeek is ke badle mein usko aatish-e jahannum se azad kar dega aur is ke guzashta gunahon ko maaf kar dega.
8. Agar koi is mahine mein apne akhlaq ko behtar banaye ga to jis din logon ke qadam pul-e sirat par larkharahon ge us din is ke qadmon mein larkharah nahi hogi.
9. Jo is mahine mein apne mateh ya naukar ke bojh ko halka karay ga Allah roz-e qayamat is ke hisab ko halka kar dega.

Ramadhan me kya khaya jae aur kya na khaya jae?

Hame Ramadhan me Aisi chezon se Parhez karna hai jo sehat ke liye muzir ho

Kyu Rasool saw ka Farmaan hai : Roza Rakho to Sehat Paoge..

Hame Imam ka Nasir Banna hai Lehaza Unka Sipahi Sehat mand hona chahiye.

Kya Khaen:

- 1- Ek Glass Garam Pani ek Chammach Shahed ke Sath Roza Iftari kare
- 2- Ya khajoor se (Iftar me khajoor ki tadaad khane ka sahi tareqa, 1 khae ya 3 ya 5 khaen, Khajoor Sokhe Ho to behtar hai)
- 3 – Aur Injeer agar mile to aur Behtar hai..
- 4- Boiled eggs Khae
- 5- Bhigoe hue Chane



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- 6- Fruits
- 7- Neebo ka Sharbat
- 8- Zyada piyas na Lage to Dahi khale ya Lassi pi sakte hai.

Magrib aur Ghuroob kise kehte hai?

Sooraj Agar Chup jae to aur hame na dikhae de lekin jab sar ko utha ke dekhe to uski kirne dikhae de to use GHOROOB Kehte hai Lekin jab Sooraj doob jae aur uski Kirne bhi na dikhae de to Use MAGHRIB kehte hai

(Shia Magrib ke Waqt hi Roza Iftar Karte hai)

Roza kise kehte hai?

Azaan e Subh se lekar Azaan e Maghrib Tak Kuch cheezo se Khuda ki Khushnoodi ke liye Parheez karna. Ese Kehte hai Roza.

Haqeeqi Roza kya hai?

Insaan Khane pine ki chezo se bachne ke sath sath Insaan apne apko Gunaho se bhi Bachae.

Roza Kitni Tarha ka Hota hai?

Roza 4 Tarha ka Hota hai:-

Wajib Roza : Jiska chorna Haram aur Anjaam Dena Zaroori ho

Haram Roza:- Jiska Chorna Zarori ho aur Anjaam Dena Gunah Ho

Mustahab Roza : Anjaam dege to sawab milega aur Chordege to koi Gunah nhi

Makrooh Roza : Jis Kaam ka Anjam na karna Behtar Ho Use Makrooh kehte hai jaise Ashoor ka roza.

Wajib Roze 5 Tarha ke Hote hai:

- 1- Mahe Ramadhan Ka Roza
- 2- Qaza Roze
- 3- Agar Koi Jaanbojh kar Wajib Roza chorde To use har roze ke badle Kaffare ke 60 Roze rakhne honhge ya 60 miskeen ko Khana khilae Ya Ek Gulaam Azaad kare
- 4- Nazr ka Roza (Mannati)
- 5- Walid ke Qaza Roze Bade Bete par Wajib hai.

Haraam Roze:-

- 1 - Eid ul Fitr Ka Roza
- 2- Eid Ul Azha (Baqra EiD) Ka Roza
- 3- Khamoshi ka Roza
- 4- Wesal ka Roza (ek roze ko Bagair Magrib ke Iftari kiye Dusre Roze se Mila Dena)
- 5- Shabaan ki Akhri Tareeq Ramzan ki Niyat se Roza rakha jae to Wo Haram hoga

Mustahab Roze :

- 1- Jumme Aur jumerat ka Roza
- 2- 27 Rajab ka Roza (Mab'as E Rasool saw)
- 3- Eid E Ghadeer
- 4- 1 Zilhijh se 9 Zilhijh Tak (Ayyame Aba'een Hazrate Musa)
- 5- 17 Rabiulawwal



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Roze ke Ahkam:

1. Roze mein niyyat, wajib hai.
2. Maah-e-Mubarak Ramadhan ki subah tuloo hone se pehle, insan ko niyyat karni chahiye ke main masalan kal qurbatan ila Allah roza rakhunga. Ya phir Maah-e-Ramadhan ke shuru mein hi pure mahine ke rozon ki niyyat ek saath kar sakta hai aur yeh tareeqa behtar hai.
3. Agar kisi ko yeh na maloom ho ke kal Shaban ki akhri tareekh hai ya pehli Ramadhan hai (Yom al-Shak) to woh roza rakhega ya kisi doosre roze jaise qaza roze ki niyyat karega aur jab bhi baad mein maloom ho jaye ke us din pehli Ramadhan thi to jo roza usne rakha hai woh kafi hoga aur qaza rakhne ki zaroorat nahi hai.
4. Maah-e-Ramadhan mein insan ko kisi aise kaam ka irada nahi karna chahiye jo roze ko batil kar deta hai aur agar irada kar liya to uska roza batil ho jata hai agarche us amal ko anjaam na de lekin aise insan par wajib hai ke maghrib tak koi aisa kaam na kare jo roze ko batil karta hai.
5. Roze ko batil karne wali cheezein:
 - 1) Khana
 - 2) Peena
 - 3) Shohar aur zauja ke darmiyan jinsi taluqat
 - 4) Mani bahar nikalna, yani koi aisa kaam karna jis se mani kharij ho jaye
 - 5) Janabat, haiz ya nifas ki halat mein tuloo-e-subah tak baqi rehna
 - 6) Seyal cheez se enema lena
 - 7) Ghaleez ghubaar ko halaq tak pahunchana
 - 8) Jaan bojh kar qay (ulti) karna
 - 9) Khuda, Rasool (S.A.W.) ya Imamon (A.S.) ki taraf kisi baat ki jhooti nisbat dena
 - 10) Pure sar ko pani mein dubona (Aqa-e-Sistani ke nazdeek yeh muhtalat-e-sawm mein se nahi hai).

6. Musafir ke roze ke ahkam:

Musafir ke liye roza rakhna jaiz nahi hai aur iski tafseel mein kuch suratein hain:

- 1) Musafir agar zohar se pehle safar par jaye aur zohar se pehle apne watan ya aisi jagah par wapas na aaye, jahan das din rehne ka irada ho to us din ka roza nahi rakhega.
- 2) Agar musafir zohar ke baad safar karta hai to us din ka roza use rakhna hoga.
- 3) Agar musafir zohar se pehle safar se apne watan ya jagah-e-iqamat mein wapas aaye to agar usne pehle safar mein roza tor diya ho to us din uska roza nahi hoga aur apne ghar mein us din roza nahi rakhega lekin Maah-e-Ramadhan ke baad us roze ki qaza karega. Aur agar safar mein koi aisa kaam na kiya ho jis se roza toot jata hai to us din ka roza woh rakhega aur woh uska Maah-e-Ramadhan ka roza shumar hoga.
- 4) Agar musafir zohar ke baad apne watan wapas aaye to us din ka roza nahi rakh sakta aur Maah-e-Ramadhan ke baad us roze ki qaza karega.